



- 10 DAILY SOUP
- 17 ISREALI COUSCOUS WITH ROASTED BEET AND POMEGRANATE TABBOULEH, FRESH HERBS, ARUGULA LEMON AND OLIVE OIL
- 18 TRADITIONAL CAESAR SALAD WITH DOUBLE SMOKED LARDONS
- 18 CRAB CAKE WITH CHARRED SHISHITO PEPPERS, PATATAS BRAVAS SAUCE
- 17 WARM LENTIL SALAD, MUSHROOMS, ROOT VEGETABLES, RADICCHIO, HAZELNUTS & SHALLOTS IN A HONEY VINAIGRETTE
- 19 FRIED CALAMARI WITH PROSCIUTTO AIOLI AND CHILI SPIKED HONEY
- 10 ADD CHICKEN TO ANY ONE OF THE ABOVE

- 17 DAILY OMELETTE WITH SALAD, EGG WHITE ADD \$4
- 19 2 SMASHED AVOCADO ON RYE TOAST WITH GOAT CHEESE, HEIRLOOM CHERRY TOMATO, POACHED EGG
- 19 MUSSELS IN A WHITE WINE, LEEK, SHALLOT, GARLIC & TOAMTO BROTH WITH FRITES
- 17 BAKED CROISSANT WITH FRIED EGG, SWEET AND SOUR TOMATO CHUTNEY, MELTED PROVELONE, ARUGULA
- 18 EGGS IN PURGATORY-EGGS BAKED IN A SPICY STEW WITH PEPPERS & SCAMORZA- GARLIC BAGUETTE
- 17 SMOKED SALMON ON TOASTED SEED BAGEL, DILL, LEMON & FRIED CAPER, FORMAGE BLANC, LETTUCE TOMATO AND RED ONION
- 18 WISH FRIED CHICKEN CLUB WITH AVOCADO, LETTUCE, TOMATO, AIOLI, SHALLOTS, AND CIDER BACON GLAZE
- 22 SIRLOIN SALAD WITH MIXED GREENS, QUEBEC CHEVRE, RED ONION, CANDIED PUMPKIN & SPICED PECANS IN MAPLE THYME VINAGRETTE

HEALTHY BOWL-WARM MIXED GRAINS, MARKET FRESH VEGETABLES, GREENS, SEEDS NUTS, CHOICE OF PROTEIN-SALMON **22** /CHICKEN **21** /LENTILS, CHICKPEAS & HARD BOILED EGG **20** CHOICE OF DRESSING-TAHINI SAUCE & POMEGRANATE MOLASSES, CHILI GARLIC DRIZZLE OR PEANUT TUMERIC & GINGER

BURGERS

**sandwiches and burgers are accompanied by fries or a green salad*

- 19 CERTIFIED BLACK ANGUS BEEF BURGER WITH AGED CHEDDAR, CARAMELIZED ONIONS AND GRAINY DIJON/BACON \$2
- 18 SALMON BURGER-HOUSEMADE TARTAR, ONION RING, TOMATO AND LETTUCE
- 18 TURKEY BURGER-SMOKED PROVOLONE, SALSA VERDE AND RADDICHIO
- 19 LAMB BURGER-MINTED PICKLED CUCUMBERS, TOMATO, TZATZIKI & FETA
- 18 BLACK BEAN BURGER-LETTUCE, TOMATO, ROASTED GARLIC, JALEPENO JAM, AVOCADO

SIDES

- 9 HAND CUT FRIES WITH AIOLI
- 10 CRISPY BRUSSELS SPROUTS AND SHALLOTS GLAZED WITH CIDER BACON REDUCTION

DAILY SELECTIONS OF DESSERTS

WISH CAFE / 3 CHARLES STREET EAST / TORONTO / ONTARIO / 416.935.0240
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